



Salome Sleeveless Shirt Dress Tutorial and Free Pattern

Description







When it comes to comfort and versatility, few garments can compare to the elegant simplicity of a shirt dress. Our Salome sleeveless shirt dress is the perfect little button up dress to take you through the summer with chic and style. It has a fitted bodice, a gathered skirt and all the best features of a tailored shirt dress: a pointed collar with a collar stand, separate waistband and sewn-on button bands. So if you are looking for a project to perfect all these sewing techniques, this dress is the one!

Salome is one of those patterns that you'll want to make over and over again. Add patch pockets, use contrasting fabrics, lengthen or shorten the skirt – do whatever your imagination tells you to and make this dress your very own!

Materials



For our sample US size 6 pictured in this tutorial: 2 yards of [IL045 869 STRIPES Medium Weight Linen](#)

Refer to the yardage table in the PDF pattern to determine the exact amount

of fabric you will need to make this dress.

Matching sewing thread, fusible interfacing, twelve 1/2-5/8"-wide buttons

Tools



Scissors, pins, ruler, seam ripper, fabric marker, chalk, buttonhole foot, measure tape, needle, sewing machine

Difficulty

Intermediate

Sewing Time

6-7 hours

Pattern

You can access the multi-sized printable PDF pattern by following this link [HERE](#). All seam allowances are included. The model is wearing US size 6. If you need help adjusting the pattern for a fuller bust, we have a great Full Bust Adjustment tutorial [HERE](#).

Remember to transfer all the notches onto your fabric.

Steps

Note: Prewash your fabric and tumble dry it until it is still slightly moist, dry at room temperature. Iron the fabric so it is easier to work with.

1. Sew the front waistline darts following the instructions in [this tutorial](#).

Press the darts towards the center front.



2. Sew the back waistline darts and press towards the center back.



3. Pin the front and back bodices right sides together at shoulders and stitch at a 3/8" (1 cm) seam allowance. Finish the seams with your preferred method (serge or zigzag the raw edges together) to prevent fabric from fraying. Press towards the back.



4. Pin and sew the side seams. Finish the edges and press towards the back.



5. Bind the armholes as explained in [this detailed tutorial](#).



6. Sandwich the bodice waistline between right sides of outer and inner waistband pieces. Pin aligning short ends to center front edges.



7. Stitch along the waistline through all three layers $\frac{3}{8}$ " from the raw edge. Grade the seam allowance and press waistband down and away from the bodice. Topstitch $\frac{1}{8}$ " from the seam.



Now let's sew the skirt.

8. Take your front and back skirt pieces, attach the inseam pockets and sew the side seams by following the instructions in [this step-by-step tutorial](#). Refer to the notches on the pattern for pocket placement. Finish the seams and press towards the front of the dress.



9. Run two lines of basting stitches along the waist edge of your skirt (back and two fronts separately). Use contrasting color thread and leave long tails. On the front pieces, stop your basting lines 2" away from Center Front to leave enough space for button bands.



10. Pin your gathered skirt to the outer waistband right sides together. [Gather](#) your fabric evenly in between side seams.



11. Stitch skirt to outer waistband, remove basting stitches and press the

seam allowances up towards the waistband.



12. Press the long raw edge of the inner waistband 3/8" to the wrong side and pin it to the skirt aligning the folded edge to the seamline.



13. Working from the right side of the dress, topstitch 1/8" from the lower edge of the outer waistband catching the inner waistband.



Now that you have full length of your dress, you can sew the button bands.

14. Follow the instructions in [this step-by-step tutorial](#) and attach right button band to right front and fold down twice the left button band on left front.



Remember to interface the button bands for more structure and support. Do not sew the buttonholes and attach the buttons yet, we'll do it at the very end of our tutorial.

15. Time to sew and attach the collar. You'll find the step-by-step instructions in [this tutorial](#).



16. Finish the hem with a rolled hem. Fold your fabric twice to the wrong side (first $\frac{3}{8}$ ", then another $\frac{1}{2}$ "), pin and edgestitch.



17. Lastly, sew the buttonholes on the right front and attach the buttons to

the left front. Place one button on the collar, one – on the waistband.

For the buttonholes, you can follow our detailed tutorial [HERE](#). As for the buttons, check our tutorial [HERE](#) for instructions. Overlap the shirt and place a pin into the center of each buttonhole. This is where you'll need to attach the button.





13. Give your dress a good last press and you are all done! We love seeing what you make! Don't forget to share your pictures and tag your creations with #FabricsStoreSalomePattern hashtag.

This pattern is a go-to garment for any season that can be dressed up or down and looks great in many different fabrics. Browse [our selection of linen fabrics](#) and find the fabric that inspires you for this project!

CATEGORY

1. FREE PATTERNS
2. TUTORIALS

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